



March 2026

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Hanging
Basket, Vase
or
Pot
Competition
April 2026
meeting.

CLUB PRESIDENT



Well can you believe we are into Autumn already, and wasn't that little drop of rain in February lovely? The whole garden would have been happy. Don't forget to tend your baskets, pots and flowers for our little competition in April, something different to look forward to.

Any suggestions are always welcome as to what happens at your garden club.

Keep well all.

Sue Lansdown

Tending your garden is a way to take care of your soul.

NEWS FROM THE GARDEN

JOBS TO DO

1. Save seed from your favourite veggies - allow them to completely dry on the plant, to ensure the ovary has fully developed.
2. Spray compost heaps/bins fortnightly with water in temperatures above 34°
3. Plant out Ginger Rhizomes from organic vege shops into wicking beds.



Vivipary in strawberries is a rare phenomenon where the seeds (achenes) germinate while still attached to the parent fruit, often appearing as tiny green shoots or leaves on the berry's surface.

It usually occurs in spring due to a lack of dormancy hormones, environmental factors, or, in rare cases, disease, and the fruit remains edible.

GARDENING PROGRAMMES ON TV, RADIO & PRINT



CLICK ON THE LINKS BELOW:

YouTube: The Garden Gurus

Bearded Iris:

<https://www.youtube.com/watch?v=pXPJQgVzJjk>

Ideas for the April Competition:

Top 3 Hanging Basket Styles from Alan Titchmarsh

<https://www.youtube.com/watch?v=sdrknlA6Gm8>



MORE COMMON POISON PLANTS TO BEWARE OF

| | | |
|---------------------|-----------------------|---|
| POINSETTIA | Sap, leaves, stalk | Fatal - 1 leaf can kill a child |
| POTATO | Sprouts, green tubers | Apathy, renal damage, progressive weakness. |
| PRIVET | Leaves, fruit | Vomiting, diarrhoea, death |
| RHODODENDRON | All parts | Vomiting, coma, Death |
| RHUBARB | Leaf blade | Vomiting, diarrhoea, death |
| POISON IVY | All Parts | Severe skin irritation & blistering |
| SWEET PEA | Seeds | Stiff legs & Back pain |

A GREAT RECIPE

FRUITY CORNFLAKE BISCUITS

Recipe provided by Cass Perry



- 5 cups cornflakes
- 1 cup coconut
- ½ cup brown sugar firmly packed
- 1 cup sultanas
- 1 cup of dates (chopped)
- 1 cup SR Flour (sifted)
- 185g butter (6 oz)
- 2 lightly beaten eggs

Combine dry ingredients in a bowl & mix well. Add melted butter & lightly beaten egg. & mix well.

Take heaped tablespoons of mixture & shape into rounds, press flat between palms of hands.

Place about 5cm (2") apart on greased or paper lined oven trays & bake in a moderate oven 10 minutes or until golden brown..

Stand on trays for a few minutes, before lifting onto a wire rack to cool. Makes about 25.



REMOVE BURNT CHOCOLATE ON THE STOVE

Burnt chocolate sets like cement. Lay a wet cloth over chocolate. Apply hair dryer so that chocolate melts into the cloth.



A GOOD JOKE

A lost dog wanders into the jungle. A lion spots him from a distance and thinks "Hmm. Never seen one of them before. Looks edible."

The lion starts charging. The dog freaks out, until he notices some bones nearby. He blurts out "Mmm that was some tasty lion meat"

The lion slams on the brakes. " Wait. This little dude eats lions? Nah. I'm out."

But high up in a tree, a monkey sees the whole thing. He scampers over to the lion and spills the truth, hoping to score points.

The lion growls "come on, then, hop on my back. We'll get him together"

They storm back towards the dog and the dog sees them coming. Panics harder then yells:

"Where the hell is that monkey? I told him to bring me another lion an hour ago!!"

Have you heard about NASA launching a space satellite to say sorry to aliens?

THEY'RE CALLING IT - "APOLO G"



MARCH

**Margaret Hoaland
Glenys Billing
Meg Martin
Norma Gill
Livia Sossi
Shelley Lane
Cheryl Ivey**

I'M FINE THANK YOU

There's nothing the matter with me,
I'm as healthy as I can be,
I have arthritis in both my knees,
And when I talk, I talk with a wheeze,
My Pulse is weak and my blood is thin
But I'm awfully well for the shape I'm in.

Arch supports I have for my feet,
Or I wouldn't be able to be on the street,
Sleep is denied me night after night,
But every morning I find I'm alright.
My memory is failing, my head's in a spin
But I'm awfully well for the shape I'm in.

Old age is golden I've heard it said,
But sometimes I wonder as I get into bed,
With my ears in a drawer & my teeth in a cup
My eyes on the table until I wake up,
Ere Sleep comes o'er me I say to myself,
Is here anything else I could lay on the shelf?

How do I know that my youth is all spent?
Well, my "get up & go" has got up & went.
But I really don't mind when I think with a grin,
Of all the grand paces my "get up" has been.

I get up in the morning & dust off
my wits,
Pick up the paper & read the
"Obits".
If my name is still missing I know
I'm not dead,
So I have a good breakfast & go
back to bed.

***The moral is this, as this
tale I unfold
That for you & me who are
growing old
It's better to say "I'm fine"
with a grin,
Than to let folks know the
shape I'm in!***

Why You Should Grow Hollyhocks in Your Yard and How to Eat Every Part of This Plant



Hollyhocks are known for their tall stalks adorned with large, vibrant blossoms. They come in various colors, including pink, red, white, yellow & even deep purple. With a height reaching up to 8 ft, they're perfect for creating a cottage garden vibe or adding vertical interest to your landscape.

DID YOU KNOW THESE TOWERING BEAUTIES ARE MORE THAN JUST EYE CANDY? EVERY PART OF THE PLANT IS EDIBLE.

Flowers: The blossoms are mild & slightly sweet, making them perfect for garnish.

Leaves: Similar to spinach in texture and can be used fresh or cooked. e.g Soups, Herbal Tea or use large tender leaves as wraps for rice, vegetable or meats, similar to grape leaves.

Roots: Natural thickener - use powdered root as a gluten-free thickener

Seeds: Edible but slightly bitter - grind & add to smoothies/baked goods.

Nutritional & medicinal Benefits: Beyond their beauty, hollyhocks have a long history of medicinal & culinary use. They're part of the mallow family, known for their soothing properties.

- **Rich in Nutrients** - they contain vitamin A & C, along with trace minerals like calcium & iron.
- **Digestive Aid:** The mucilage in hollyhocks can soothe an upset stomach & relieve inflammation in the digestive tract.
- **Skin Benefits.** Used topically, Hollyhock infusions can ease skin irritations, burns and dryness.

Low Maintenance: Once established, they are relatively easy to care for. They thrive in full sun, tolerate a variety of soil types and are drought-resistant, making them ideal for gardeners who want minimal fuss. They can attract rust & aphids, so prevent by ensuring good air circulation & treat aphids with neem oil.

Attract Pollinators: They are magnets for bees, butterflies and birds. Planting them supports your local ecosystem, encouraging pollination for your other garden plants.

15 Perennials That Bloom Multiple Times a Year

1. Grevillea
2. Seaside Daisy
3. Native Violet
4. Lavender
5. Everlasting Daisies
6. Salvia
7. Geraniums
8. Dianthus
9. Day Lilies
10. Iceberg Rose
11. Brachyscome
12. Nepeta
13. Dicentra
14. Coreopsis
15. Anise Hyssop



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NEXT MEETING

Wednesday 11th March

GRACE

from

THE "IRIS" SOCIETY



Venue is - Mandurah RSL Club

Unit 5/20-22 Rouse Rd, Greenfields - Opposite Gilberts

To facilitate setting up by the Committee, **doors will not open until 1.30 pm**

Meetings are 1.30pm for a 2pm start
As parking is in short supply, please park
across the road.



**PLEASE BRING YOUR OWN CUP
FOR AFTERNOON TEA!**

COMING UP..

| | | |
|-----|-------|---|
| 1st | March | Kalamunda Garden Festival Stirk Park, Kalamunda \$10 entry |
| 8th | April | Hanging basket, Vase or Pot Competition |

FUTURE GUEST SPEAKERS

APRIL

**HANGING BASKET
POT
or
VASE
COMPETITION**

MAY

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Faye Arcaro is a West
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